

Transforming care for Seniors and Veterans

Honour and Care

SPRING 2025

This edition of
Honour and Care
is full of stories of
transformed lives
you made possible.
Thank you!

Your Impact, Our Gratitude



This Nursing Week (May 12-18), we're celebrating our incredible nursing team—and your generosity! Because of you, nursing staff have opportunities to upgrade skills, and complete certifications that help improve the quality of life of Seniors and Veterans everyday. Thank you!

Your Gift Brings Comfort and Quality of Life

Thanks to you, families like Fred's find peace of mind knowing their loved one is in caring, capable hands

In 2023, Fred faced the crushing decision to move Joan, his wife of more than 50 years, into long-term care. Sadly, he could no longer care for her at home. And so, with nervous apprehension, he brought her to Perley Health, unsure of what to expect.

Much to his great relief, Fred's worries quickly faded. From the moment they arrived, a warm-hearted volunteer welcomed them, and every member of the care team—PSWs, RNs, and RPNs—demonstrated not just skill, but kindness. Fred was

struck by the exceptional efficiency and compassion of the staff.

“The peace of mind this gives me daily is appreciated more than words can say,” he shared. “Perley is truly outstanding in the quality of services it offers.”

Thanks to your caring generosity, Joan lives in a vibrant community with dedicated caregivers, engaging recreational programs, and excellent meals.

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Find out how you bring solace to residents living with dementia.



You Improve Quality of Life



Recreation Therapist Rachel serves Rudy a delicious breakfast, while his new overbed table—made possible by your generosity—ensures he can dine comfortably and independently.

Because of You, Rudy Never Misses Breakfast Club

With an accessible overbed table, Rudy can comfortably enjoy breakfast with his friends—thanks to your support.

Rudy looks forward to one special morning each month—Breakfast Club. For the Air Force Veteran, it's more than just a meal. It's a time to reconnect with fellow Veterans, share stories, and enjoy the simple pleasure of a delicious, hot breakfast together.

But for Rudy, who uses a wheelchair, sitting comfortably at a table wasn't always easy. That changed because of you.

Thanks to your generous support, more than 300 new overbed tables were purchased, making mealtimes and other daily activities comfortable for residents. These tables adjust to accommodate wheelchairs and beds, giving residents the independence to enjoy meals and other activities with dignity and ease.

For Rudy, there's no awkward reaching, no uncomfortable balancing—just the joy of being present, and savouring a hot meal with friends. Your gift didn't just provide a table. You gave Rudy the comfort, dignity, and connection to help make his interactions better.

Because of you, Rudy never has to miss out.

A Message From Delphine



Thank you for filling Perley Health with the warmth of your generosity

As the days grow longer, I'm reminded of how your generosity brightens so many lives here at Perley Health.

I hope you will take a moment to read the stories in this issue of Honour and Care about the lives you've touched with your gift. Your incredible impact makes a difference to families everyday—families like Fred's, who rely on your kind support for the wellbeing of their loved one.

Just as the spring sunshine brings warmth, your generosity brings comfort and dignity to Seniors and Veterans every day.

Thank you for making such a meaningful difference!

A handwritten signature in blue ink that reads "Delphine".

Delphine Haslé, CFRE
Executive Director &
Chief Development Officer

“**Being able to use the adjustable tables allows our residents with taller chairs to sit at the table with co-residents and be fully immersed with the Breakfast Club program.**”



~ Victoria,
Recreation
Programmer

For Seniors and Veterans! ♥

Your Support Brings Soothing Solace

Your generosity is helping residents living with dementia feel safe

Mitch, a Recreation Programmer at Perley Health, gently wheels over the new Multi-Sensory Environment (MSE) mobile cart—one of three purchased because of your incredible generosity on Giving Tuesday 2024.

As Mitch dims the overhead lights, he uses the remote to turn on the cart's projector. In an instant, there is a mesmerizing scene of colourful fish floating on the wall. The bubbling light tube casts a soothing, warm glow around the room. The atmosphere is immediately soothing. Mitch reaches for his cellphone to play nature sounds through the cart's Bluetooth speakers.

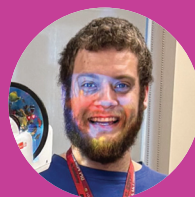
"I love this feature," he says. His enthusiasm is contagious. It's easy to see why the residents love him so much. "It's so amazing that I can create playlists for my residents and have them ready to go when I need them. Having music is such an important resource."

The mobile MSE carts are already making a difference—helping to ease distress, reduce agitation, and bring moments of peace to those needing extra support.

Because of you, residents living with dementia are finding comfort when they need it most.



“The MSE cart helps us connect with the residents who are living with dementia in ways that words can't. This amazing tool allows us to meet residents where they are.”



~ Mitch,
Recreation
Programmer



Your Gift Brings Comfort and Quality of Life

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Fred takes comfort in knowing Joan is in the best hands and receiving the care and support she deserves.

For families like Fred's, Perley Health is more than a long-term care home—it's a place of reassurance, comfort, and exceptional care for their loved one. **Thank you for transforming care for Seniors and Veterans with your generosity.**

Show Your Appreciation For Nursing Staff This Nursing Week

From May 12–18, Perley Health proudly celebrates Nursing Week—a time to recognize the dedication, skill, and compassion of the nurses who provide exceptional care to Seniors and Veterans every day.

Perley Health staff are more than caregivers—they are compassionate advocates, lifelines, and sources of comfort. Their ability to assess, respond, and act with confidence in critical moments is essential to ensuring the best possible outcomes for those they serve.

This Nursing Week, will you give a gift in honour of Perley Health nursing staff and help make a lasting impact?

Providing quality-of-life care for Seniors and Veterans requires ongoing training, mentorship, and state-of-the-art equipment. Your gift will help fund special programs and advanced tools, including a smart manikin, so nursing staff can refine their assessment skills, practice complex procedures, and gain real-world experience in a safe, controlled environment.

When you make a gift today, you will ensure that Perley caregivers—whether newly trained or highly experienced—have the resources needed to provide expert, compassionate care for Seniors and Veterans every day.

Your gift today is an investment in the future of long-term care excellence at Perley Health.

Here's how you can help!



Seniors and Veterans are living life to the fullest because philanthropy has fueled Perley Health's care, research, innovation, and growth.

Stay Connected



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Ottawa | ON | K1G 5Z6
613.526.7173
PerleyHealthFoundation.ca



**Perley
Health**
Foundation

I want to help even more! Here's my next gift!

Scan here to make a secure gift online.



YES, Delphine! I want to ensure Perley Health nursing staff have the equipment, tools, and training they need to improve the quality of life of Seniors and Veterans.

Return the enclosed reply card with your gift.

- ☐ \$50 supports hands-on training sessions
- ☐ \$100 helps provide educational resources and workshops
- ☐ \$200 helps fund state-of-the-art equipment
- ☐ \$_____ to improve the life of a Senior or Veteran

*In case funds exceed the projects described here, your gift will be used where it is needed most.