

Transforming care for Veterans and Seniors

Honour and Care

FALL 2026

Your Impact, Our Gratitude

Stories about
how you improve
quality of life for
Veterans and
Seniors.



Veteran Liaison Coordinator, Brooke accompanies Veteran resident, Emery on a walk around Perley Health. Your kindness helps Emery keep doing what he loves and living life his way.

At 92, Emery Has Places To Be

Thanks to you, this Air Force Veteran has a full calendar and a favourite place to visit.

Emery could be slowing down with age.

Instead, he's on his way to exercise class. Or bingo. Or the art studio.

But there's one special place that keeps drawing him back: the duck pond. It's one of Emery's favourite spots at Perley Health.

Just two months ago, Emery was the new resident. He was learning new hallways, meeting new people and settling into his new room.

Today, his calendar is full.

That may not surprise those who know his story. In 1954, Emery was only 19 when he joined the Royal Canadian Air Force. He served in communications for 22 years. After leaving the military, he began a second career with the Public Service Commission.

For much of his life, Emery served others. Today, your kindness helps ensure this

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You Improve Quality of Life

You Help Advance Person-Centred Care Across Canada

Thanks to you, best practices developed at Perley Health are strengthening the skills of long-term care staff far beyond our doors.

Perley Health's Centre of Excellence in Frailty-Informed Care (CoE) continues to develop and share learning opportunities with long-term caregiving staff across Canada, thanks to you.

One of these opportunities is **SeeMe®**—a framework developed at Perley Health that helps caregivers understand each resident's level of frailty, and what matters most to them. It guides important decisions about care, especially when a resident's health changes. Now, SeeMe® is available to more than 550,000 professional caregivers as a three-part online course through the Surge Learning platform.

The CoE also brings learning to life through hands-on Skills Days. Six Skills Days have already reached 234 professional caregivers from 39 organizations. Two more will be offered this November and December for Personal Support Workers.

Because of your generosity, the CoE is advancing person-centred care for Veterans and seniors. Thank you for helping caregivers deliver better, more person-centred care to residents at Perley Health and across Canada.

Your impact is growing



6,300+
seniors positively
impacted through
staff training



47
peer-reviewed
publications



48
educational
webinars



550,000
professional
caregivers able to
access SeeMe®

A Message From Delphine



Autumn has a way of inviting us to pause, take stock and feel grateful for the people who make a difference in our lives.

Here at Perley Health, I find myself thinking about you.

Your generosity helps residents like Emery continue doing the things they enjoy like painting, exercising, playing bingo, and spending time with friends or at the duck pond.

That's the kind of life you help make possible for Veterans and seniors.

You also help Perley Health look beyond today. Through research and programs like SeeMe®, you're helping advance care that recognizes each resident as a whole person—with individual strengths, wishes, and goals.

This work matters now. And it will matter even more in the years ahead.

As Canadians live longer, we must continue finding better ways to support Veterans and seniors with purpose, joy, and belonging at every stage of the aging process.

Today, I want to pause and say thank you. Thank you for believing that a fulfilling life has no age limit. Thank you for helping improve long-term care and for making better aging possible for the generations who will follow.

With heartfelt gratitude,

Delphine Haslé, CFRE
Chief Executive Officer

For Veterans and Seniors! ♡



A legacy begins: Deborah Bennet, centre, cuts the ribbon at the opening of the Perley Rideau Gift Shop in June 1996. Your support has kept the shop open and giving back for 30 years. Thank you.



At a recent anniversary celebration, Deborah's Gift Boutique volunteer staff gathered to mark 30 years of friendship, generosity, and service.

A Little Shop with a Big Legacy

30 years later, your support is something worth celebrating!

If you've ever shopped at Deborah's Gift Boutique, you've helped bring comfort, care, and joy to Veterans and seniors at Perley Health.

Since the boutique first opened as the Perley Rideau Gift Shop in June 1996, every purchase has meant something special. Over the years, those purchases have provided more than \$700,000 to support care and programs for residents at Perley Health.

The boutique was founded by Deborah Bennett and renamed in her honour after she lost her life to cancer in 2018. Deborah's life was cut short, but the gift she created lives on, thanks to you and the devoted volunteers who generously share their time, talent and expertise to keep it welcoming and full of wonderful finds.

The faces have changed since that first ribbon-cutting ceremony. The shop has changed, too. But its caring heart remains the same because you continue to help carry Deborah's vision forward with your support.

Thank you for every purchase and every volunteer hour. Thirty years later, Deborah's gift is still giving back.

At 92, Emery Has Places To Be *(Continued from page 1)*

Veteran can continue to enjoy the activities, people, and spaces that bring him meaning on a daily basis.

Thank you for your generous, ongoing support of the Ozerdinc Grimes Family Therapeutic Recreation and Creative Arts program.

You give residents reasons to get moving, spend time with others, and look forward to what each day has to bring.



New Beginnings Are Easier With A Little Help



Right now, someone is preparing to leave a familiar life for a future they cannot yet picture.

They'll walk through Perley Health's doors and into a new home filled with unfamiliar faces, sounds, and routines. They may be grieving the life they knew and frightened by what comes next.

Without meaningful ways to connect, that fear can turn into loneliness, making their world feel smaller and smaller.

But you can help write a different beginning.

Your gift can open the door to the art studio, music therapy, exercise classes, and other activities where new residents can meet people and begin to feel at home.

Will you help?

The next person who arrives feeling scared and alone could walk through our doors very soon. You can ensure that when they arrive, they find safety, belonging, and moments of joy.

Here's how you can help!



Veterans and Seniors are living life to the fullest because philanthropy has fueled Perley Health's care, research, innovation, and growth.

Stay Connected



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PerleyHealthFoundation.ca



Perley Health
Foundation

I want to help even more! Here's my next gift!



YES! I want to help a Veteran or Senior in long-term care live life to the fullest with my gift today.

Return the enclosed reply card with your gift.

- ☐ \$50 helps fund music and art supplies for creative expression.
- ☐ \$200 helps buy enhanced mobility aids that promote independence.
- ☐ \$500 helps advance research and person-centred care.
- ☐ \$_____ to improve the quality of life of a Veteran or Senior.

These are just some of the things your gift supports. Every gift, regardless of size, improves quality of life for Veterans and Seniors at Perley Health. Thank you.

Scan here to make a secure gift online.

