



Transforming care for Seniors and Veterans

Honour and Care

Your Impact, Our Gratitude

June 2026



Thank You for Transforming Lives

Vision

Seniors and Veterans are living life to the fullest because philanthropy has fueled Perley Health's care, research, innovation, and growth.

Mission

Through storytelling and relationship building, we empower an engaged donor community to transform the quality of life of seniors and Veterans.

Purpose

By bringing like-minded, generous people together, we inspire giving that transforms the quality of life for the people we love today and in the future.



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Perley Health Foundation Board of Directors

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"Our vision—to ensure our Veterans and seniors are living life to the fullest—is the heartbeat of everything we do, and it is through the profound generosity of our donors that this mission is brought to life every single day."



Sheila Venman
Foundation
Board Chair

Perley Health Board of Directors

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You Are The Heart Behind Quality of Life and Better Living



Every day at Perley Health, we are reminded that this is so much more than a place to live. It's a community, and a place of belonging shaped by compassion, creativity, and moments of deep connection. But none of this happens without you. This past year, your generosity made an extraordinary difference in the lives of the Veterans and seniors who call Perley Health home.

Because of you, residents can participate in Therapeutic Recreation and Creative Arts programs that inspire expression, encourage connections, and nurture emotional well-being. Your caring heart ensures residents have the use of specialized equipment that supports mobility, safety, and independence. And because of your steadfast goodwill, staff receive advanced training and education that strengthens the expert, person-centred care they deliver each day.

Your support also advances frailty-informed research and knowledge sharing across the sector that is transforming how care is understood and delivered at Perley Health and beyond. You help push the boundaries,

building a future where aging is met with a philosophy of care that upholds dignity, safety, and deep respect.

And this year, thanks to your generosity, a first-of-its-kind Intergenerational Early Learning Centre opened its doors on the Perley campus. Thoughtfully designed to be dementia-friendly, this welcoming environment brings young children and grandfriends together to share important everyday moments, enriching lives across generations.

We are deeply grateful for you and your belief in what is possible. Thanks to your caring support, today's Veterans and seniors experience greater comfort, connection, and joy while we continue even more meaningful improvements in quality of life for the years ahead.

From the bottom of our hearts, thank you. Your generosity sustains us, inspires us, and reminds us daily why this work is so profoundly important.



Delphine Haslé, CFRE
Chief Executive Officer
Perley Health Foundation

Akos Hoffer
Chief Executive Officer
Perley Health



Thank You From a Veteran

Because of You, Lu is Living Life to the Fullest

At 104 years old, Veteran resident Lu continues to greet each day with a positive outlook and a love for life's simple pleasures.

Thanks to your generosity, Lu stays active and engaged in ways that matter most to her. Whether that's enjoying a concert, sharing a laugh over ice cream in the pub, or creating something beautiful in the Ozerdine Grimes Family Creative Arts Studio, these moments bring comfort, connection, and meaning to her days.

At Perley Health, daily living is shaped around the individual. That means getting to know each resident as a person; their interests, routines, and the moments that bring comfort and meaning to their day.

Your incredible generosity supports this philosophy of care and helps create a community where residents feel known, respected, and supported to live as fully as possible.

Lu continues to embrace the rhythm of daily life at Perley Health. **Thank you for your support of our Veterans and for helping Lu, and so many others, truly thrive.**



Veteran resident Lu is thriving in the Perley Health community that you helped build with your generosity. Thank you for being there for the Veterans who served our country.

Royal Canadian Legion



With heartfelt gratitude, the Perley Health Foundation recognizes the generous support of the Royal Canadian Legion Poppy Fund. In 2025, they raised an incredible **\$299,475** in support of Veterans' priority needs including essential medical equipment, welcoming spaces, and meaningful programs that enhance their comfort, dignity, and well-being.

**Thank you Royal Canadian Legion
for your generous support in 2025!**

RCL Br 39 Espanola
RCL Br 48 Morrisburg
RCL Br 54 Buckingham
RCL Br 92 Gananoque
RCL Br 95 Smiths Falls
RCL Br 99 Belleville
RCL Br 108 Winchester
RCL Br 127 Grimsby
RCL Br 148 Renfrew
RCL Br 212 Kemptville
RCL Br 240 Almonte

RCL Br 244 Perth
RCL Br 314 Manotick
RCL Br 351 Ottawa
RCL Br 357 Finch
RCL Br 396 Chippawa
RCL Br 425 Sharbot Lake
RCL Br 436 Deep River
RCL Br 462 Eastview
RCL Br 480 Westboro
RCL Br 550 Cobden & District
RCL Br 554 Rockland & District

RCL Br 560 Kingston
RCL Br 569 Long Sault
RCL Br 593 Bells Corners
RCL Br 604 Spencerville
RCL Br 616 West Carleton
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RCL Br 632 Orleans
RCL Br 638 Kanata
RCL Br 641 Barrhaven
RCL Dist. G
Cornwall Legion Riders



**The incredible long-time
support of the Royal
Canadian Legion and
the Poppy Fund continue
to honour Veterans at
Perley Health.**

For more information about how your Legion branch can support Veterans at Perley Health, please contact Marija Shaw at 613-526-7170 ext 7177 or email mshaw@perleyhealthfoundation.ca.

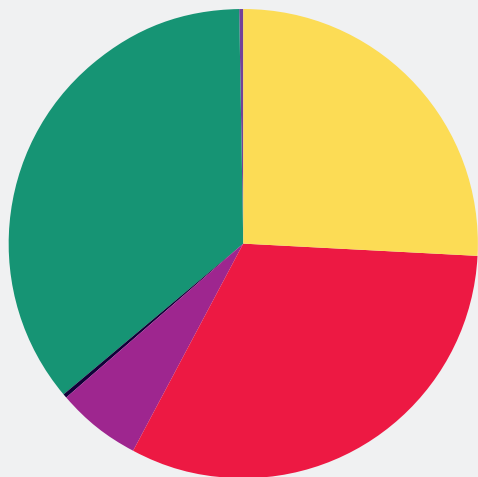
Growth & Performance

2025 Financial Highlights

Your caring generosity is the foundation of exceptional, person-centred care at Perley Health. It's your kindhearted support that helps set the standard for long-term care here and across the region.

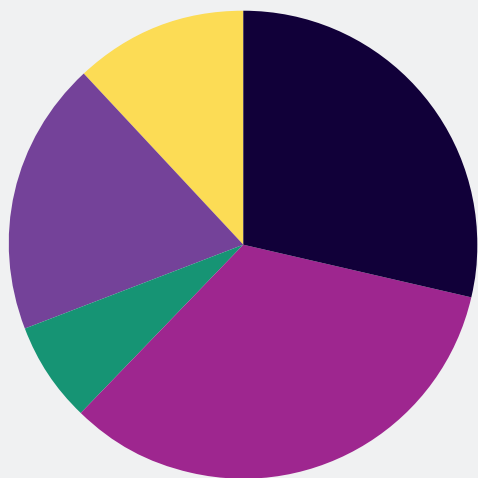
Thanks to you, the Perley Health Foundation continues to grow and uphold the values that resonate so deeply within our community. In 2025, you continued to transform quality of life for Veterans and seniors.

Thank you for caring.



Revenue - \$3,159,706

- Unrestricted Donations \$831,745
- Restricted Donations \$998,435
- Capital Campaign \$183,167
- Endowment Fund \$6,050
- Investment Revenues \$1,137,697
- Other income \$2,612



Disbursements and Expenses - \$2,724,670

- Quality of Life - Equipment and Programs (Disbursement) \$780,997
- Answering the Call (Disbursement) \$925,495
- Charitable Programs \$186,598
- Fundraising \$509,977
- Administration \$321,603

Thank You From a Grateful Family



Your Generosity Gives Hope When It's Needed Most

When Larry arrived at Perley Health after a devastating stroke, life had changed in an instant. Once independent, he suddenly needed support with nearly every aspect of daily living. For Larry and his wife, Clay, the loss was overwhelming.

At first, Larry struggled deeply with frustration and anger. But surrounded by compassionate staff and person-centred care, he slowly began to rebuild not only his abilities, but also his sense of self.

One of the most meaningful parts of Larry's journey has been the creative arts studio. With encouragement and guidance from staff artists, Larry began learning to use his non-dominant hand after losing function in the other. What started as small, determined movements grew into extraordinary progress.

Clay remains by Larry's side as a dedicated volunteer at Perley Health. Together, they have found connection, purpose, and comfort within the Perley community. Through person-centred care, therapeutic recreation, and creative arts programming, residents like Larry can continue to grow, connect, and experience moments of joy and achievement daily.

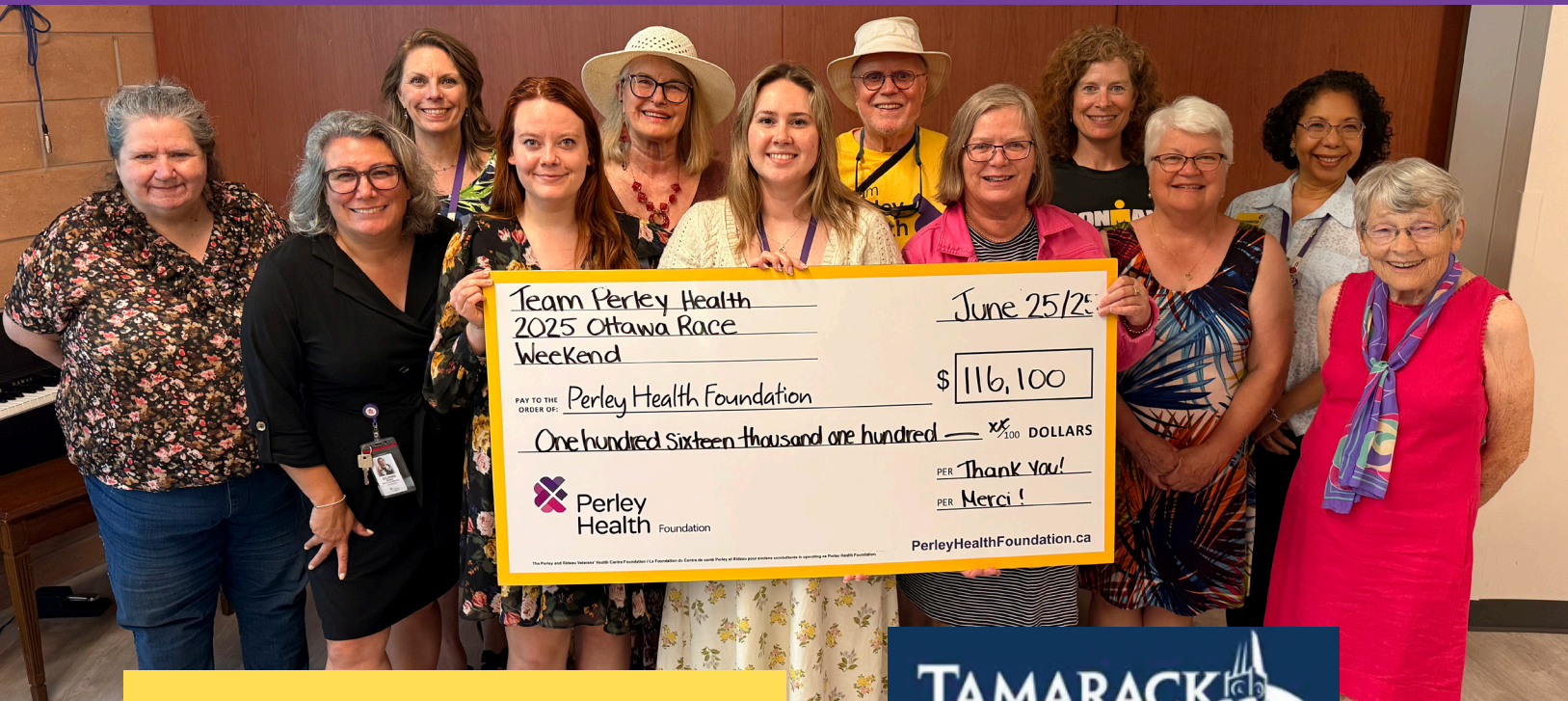
Your support makes stories like Larry's possible. Thank you.



"We can't thank donors enough for the incredible difference they make in the lives of the residents here. It's truly an amazing place."

~ Larry and Clay

Tamarack Ottawa Race Weekend



Thank You for Supporting Team Perley Health Every Step of the Way!

It was another great year for Team Perley Health! They crossed the finish line in a big way at the 2025 Tamarack Ottawa Race Weekend, raising an amazing **\$116,100** for Seniors and Veterans at Perley Health.

Thank you to every runner, walker, donor, and cheerleader who made this achievement possible. Your incredible energy, spirit, and generosity are truly transformational.

We would like to celebrate our generous sponsors, with heartfelt appreciation to Commissioners Ottawa, our lead sponsor, for their steadfast and unwavering support.

Thank you for racing with passion and purpose!



Thank you for Bridging Generations

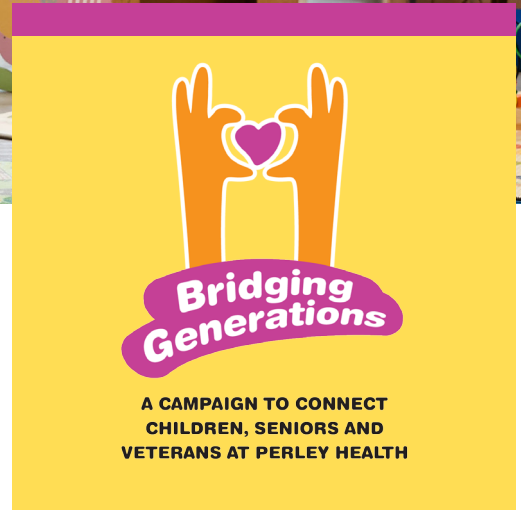


Connecting Children and Grandfriends in Meaningful Ways

Your incredible generosity and support of the Bridging Generations campaign is helping Perley Health open the doors to a new dementia-friendly Early Learning Child Care Centre.

This visionary \$2 million fundraising campaign is creating one of Canada's first purpose-built intergenerational programs where young children, seniors and Veterans come together to share their days, stories, and laughter. Launched in November 2024, this campaign is about building a vibrant, connected and caring community where generations thrive.

To learn more, please visit PerleyHealthFoundation.ca/bridging-generations.



Thank You to Our Corporate Partners

Our Corporate Partners help make programs like Bridging Generations possible, alongside other meaningful work across Perley Health. **Thank you for your generosity and commitment!**



Tribute 2025 In Memoriam

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Mr. Richard Ashton
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Gail Moffatt
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Ms. Sandra Wright



**They are
remembered.
They are
honoured.
They are loved.**

Transforming the quality of life of Veterans and seniors.



PerleyHealthFoundation.ca

The Perley and Rideau Veterans' Health Centre
Foundation / La Fondation du Centre de santé
Perley et Rideau pour anciens combattants
operates as Perley Health Foundation
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