

Transforming care for Seniors and Veterans

# Honour and Care

WINTER 2026

Stories of  
transformed  
lives you made  
possible.  
Thank you!

Your Impact, Our Gratitude



*George and his wife Joy are grateful for the warm welcome and great care George continues to receive. Thank you for ensuring the quality of life of seniors and Veterans with your generosity.*

## A Gentle Landing

**How one pilot found home at Perley Health with your support.**

After a lifetime of moving from place to place, George knows what it means to arrive somewhere new. His career as a pilot took him around the world—into war zones, peacekeeping missions, and countries far from home. But none of those arrivals compares to the welcome he received when he moved to Perley Health.

**“I’ve been all over the world, but the people here are the nicest I’ve ever met.”**

**~George, Veteran Resident**

**Because of you**, what could have been a difficult transition became something truly heartwarming. From his very first days, George noticed the difference your generosity makes. Staff pause in the halls to chat. Neighbours stop to introduce themselves. Small, caring moments helped George feel at ease immediately.

“It felt easy,” George says. “People cared. Right away.”

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**On page 3**



**Sneak peek:  
Intergenerational  
Child Care Centre**

 **Perley  
Health**  
Foundation

# You Improve Quality of Life

## Because of You, Long-Term Care is Moving Forward

**Your support allows us to share what works beyond our own campus.**

Because of you, Perley Health's SeeMe® goals-of-care framework is expanding to other long-term care homes across Ontario. This practical approach helps ensure care decisions reflect what matters most to each resident, before a crisis and when it matters most.

SeeMe® supports honest, timely conversations between residents, families, and care teams. It leads to clearer care plans, less stress during difficult moments, and better alignment around care decisions. Families feel more confident, and staff are better supported to do their work well.

Your generosity made it possible to strengthen and test this framework, and now to share it so other homes can use it. Your support leads to real change: by spreading proven approaches that improve daily life for seniors and support better care across the system.

**Thank you for helping ensure more seniors and Veterans are seen, heard, and understood.**



***Your generosity is helping ensure personalized plans align with quality-of-life goals that reflect what matters most to each resident.***

## A Message From Delphine



Looking back on 2025, one word comes to mind: **gratitude**. Your generosity has made a profound difference for the seniors, Veterans, staff, volunteers, and families at Perley Health.

**Because of you**, residents experience comfort, safety, and compassionate care every day. Families enjoy peace of mind, and our teams have the tools and support they need to give their very best.

Last year brought so many memorable moments: residents connecting through Therapeutic Recreation and Creative Arts, the exciting groundbreaking of the Intergenerational Child Care Centre, and nursing staff gaining confidence through new training opportunities and tools.

**Every moment was possible because of you. Thank you for being a caring part of our community.**

To see the full impact of your giving in 2025, I encourage you to visit [PerleyHealthFoundation.ca/why-donate/impact-giving](https://PerleyHealthFoundation.ca/why-donate/impact-giving).

Wishing you and yours a happy and healthy 2026!

**Delphine Haslé, CFRE  
Executive Director &  
Chief Development Officer**



# For Seniors and Veterans! ♥

## Cont'd from page 1

You're also the reason music fills George's days. Armed with his harmonica, he is often heard playing a quick tune as he moves through the halls. It's his favourite way to break the ice and spark a smile.

"It's an easy way to say hello," George says with a grin.

But the music doesn't stop there. Because of you, George also sings in the Perley Health choir run by Music Therapist, Tim through the Ozerdinc Grimes Family Therapeutic Recreation and Creative Arts program.

**Your generosity ensures that creative expression is part of everyday life, helping residents like George feel engaged, valued, and connected in ways words alone can't always achieve. Thank you!**



## Sneak Peek

**Something wonderful is taking shape at Perley Health, and it's happening because of YOU!**

With construction now well underway, the Intergenerational Child Care Centre is quickly coming to life. In the photo (left), you can see the building progressing as walls go up and this long-held vision becomes a reality.

The doors are set to open in May 2026, welcoming children and seniors alike, and allowing generations to spend quality time together daily.

**Your generosity is turning a dream into a living, breathing community space. Thank you for helping build a future where children and residents can come together in a place of safety, comfort and belonging.**

## A Gift Beyond a Lifetime: Leaving a Gift In Your Will

*"As we reflected on how fortunate we had been, we realized we could pay it forward. Including Perley Health in our will felt deeply meaningful to us, because it truly is the right thing to do. It brings us comfort and joy knowing that our values will live on through our support of seniors and Veterans."*

~Doug and Donna, Perley Health Supporters

To learn more about leaving a gift in your will contact Meghan Maack at 613-526-7170 x 7152 or [mmaack@perleyhealth.ca](mailto:mmaack@perleyhealth.ca)



# Your Gift Transforms Quality of Life

Your generosity today helps ensure that every resident is supported with care, respect, and opportunities to feel engaged and valued regardless of age or circumstance. With your support, meaningful moments can happen every day for seniors and Veterans and the people who love them.

## Here's how your gift makes an immediate difference:

- **\$50** helps provide art supplies that bring colour, creativity, and gentle stimulation to daily life.
- **\$200** helps fund enhanced mobility aids that promote independence, comfort, and safety.
- **\$500** helps advance frailty-informed research, improving care for seniors and Veterans at Perley Health and across the region.



These are just a few of the ways your support improves **quality of life**. Every gift, no matter the size, helps create a safer, more comfortable and compassionate place to call home.

Whether you choose to give \$50, \$200, \$500, or any amount that feels right to you, your generosity will have an immediate and lasting impact.

Will you help bring comfort and meaningful moments to a senior or Veteran today?

Thank you for your kind and caring support.

*Here's how you can help!*



**Seniors and Veterans are living life to the fullest because philanthropy has fueled Perley Health's care, research, innovation, and growth.**

## Stay Connected



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Ottawa | ON | K1G 5Z6  
613.526.7173  
[PerleyHealthFoundation.ca](http://PerleyHealthFoundation.ca)



**Perley Health**  
Foundation

## I want to help even more! Here's my next gift!



**YES! I want to help a senior or Veteran in long-term care live life to the fullest with my gift today.**

- ☐ \$50 helps buy art supplies for creative expression.
- ☐ \$200 helps buy enhanced mobility aids that promote independence.
- ☐ \$500 helps advance frailty-informed research.
- ☐ \$\_\_\_\_\_ to improve the quality of life of a senior or Veteran as much as possible.

*These are just some of the things your gift supports. Every gift, regardless of size, improves quality of life for seniors and Veterans at Perley Health. Thank you.*

**Return the enclosed reply card with your gift.**

*Scan here to make a secure gift online.*

