



Fall 2017

Together we improve the well-being of the people we serve

# Between Us

The Perley and Rideau Veterans' Health Centre Foundation ♦ OTTAWA, ONTARIO



Charles Beddoe,  
combat cameraman

## A Lifetime Together

By Peter McKinnon

**T**he latest chapter in the remarkable lives of Louise and Charlie Beddoe began earlier this year with a move into the Perley and Rideau Veterans' Health Centre. Although they didn't go far – their home was on the street immediately north of the Perley Rideau campus – it was their first move in 58 years.

Louise Mona Fitzgerald arrived in the world in 1926 in Quebec City. Like many in her family, she worked in the business founded by her maternal grandfather, Henry Ross. In the 1890s, Ross employed residents of a nearby First Nation band in the production of moccasins, snowshoes and canoes. As a young woman, Louise worked as bookkeeper. In the summer of 1954, Louise was invited by an aunt to visit her at her home in the Gatineau Hills. There, Louise met Charlie, who proposed within a few days.

"I think we were both a little desperate," jokes Charlie. "Louise was 28 and I was 34. "She was an Anglican living in a predominantly Catholic community at a time when mixed marriages were troublesome."

*See page 3*

## A Gift for Life

By Peter McKinnon

**D**uring a decades-long career in nursing and education, Marni Crossley had many experiences with end-of-life care. She recognizes that all of them helped her to grow both professionally and spiritually. This is particularly true for her husband's end-of-life journey at the Perley Rideau Veterans' Health Centre. The exceptional care she and her husband received during his final months there inspired Marni to leave a gift in her will to the Perley Rideau Foundation.

"I want to see the great work they do continue," Marni Crossley says simply.

Marni was born Margaret Isobel Anfield into a wonderful Christian family in Alert Bay, a tiny island community off the east coast of Vancouver Island. Her mother was a registered nurse; her father was principal of St. Michael's Residential School. The family lived in several B.C. communities during Marni's childhood before settling in Vancouver. Marni graduated from Vancouver General Hospital's School of Nursing in 1963 and began a career suspended

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**Perley Rideau  
Foundation**

# The Perley Rideau Difference

[www.perleyrideau.ca](http://www.perleyrideau.ca)



By Daniel Clapin, ACFRE, Executive Director  
The Perley and Rideau Veterans' Health Centre Foundation

**A**s we prepared this issue of *Between Us*, a comment from Marni Crossley (page 1) caught my eye. Marni's husband Richard spent the final few months of his life at the Perley and Rideau Veterans' Health Centre, including a few weeks in palliative care. The quality of care she and Richard received inspired Marni to include the Perley Rideau in her will. "I want to see the great work they do continue," Marni Crossley said simply.

The reason I find her comment striking is that Marni devoted much of her career in nursing and education to palliative care. She has the expertise needed to recognize truly exceptional care and the compassion to support it.

I'm no expert in care – palliative or otherwise – but every day I see the difference exceptional care makes reflected in the smiles of our residents, in the art they create and in the songs they sing. That's why I donate to the Perley Rideau Foundation – because it improves their quality of life. Donations to the Foundation pay for many of the therapeutic items and recreational activities that make our residents feel at home – the so-called extras not covered by government. The Foundation also contributes to the cost of volunteer programs. I describe this as "life-giving support," because it ensures that Canada's Veterans, along with other residents, can live out their final years in the comfortable, caring and stimulating

environment that they so richly deserve.

A positive, stimulating environment, along with exceptional, personalized care, are what set the Perley Rideau apart. They are also the reason that the Perley Rideau enjoys such strong support from the community. Thousands of people donate to the Foundation each year. In 2016, more than 390 volunteers contributed a total of more than 38,000 hours of their time. Each and every donor and volunteer makes a difference in the lives of our residents.

This kind of support enables the Perley Rideau to not only deliver exceptional care, but also to continually improve the quality of care delivered within these walls. The Perley Rideau is increasingly recognized as a centre for innovation in long-term care. One of the latest examples is a partnership with the Registered Nurses Association of Ontario (RNAO) that will see the Perley Rideau implement and document the impacts of best practices in care. And a partnership with Algonquin College enables Personal Support Workers to study and serve practicums at the Perley Rideau.

The Perley Rideau is a unique and caring community. The Health Centre is home to 450 people, including 250 Veterans. The Seniors Village features 139 apartments offering a range of independent-living options. The 12-bedroom

Guest House provides respite care for people with early to mid-stage dementia. Residents have ready access to everything they need to thrive: from creative arts studios and therapy programs, to a hair salon, pub and medical-specialty clinics. The Foundation regularly takes potential Board members, donors and potential donors on what we call "seeing is believing" tours. Invariably, people who take the tour quickly recognize just how special this place truly is and choose to become a part of it by volunteering or by donating to the Foundation. And with each new supporter, the Perley Rideau becomes better able to deliver the exceptional, personalized care that is its hallmark. Every donation – regardless of amount – makes a difference and is always appreciated. In the heartfelt words of Marni Crossley, "I want to see the great work they do continue."

**The Perley Rideau Seniors Village is comprised of a 450-bed long-term care centre (including 250 beds for veterans), 139 specially designed seniors apartments and community health care services.**

*We appreciate your support in making a bequest in your will and/or making a donation*

**Please contact Daniel Clapin  
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They married the following year and celebrated their 62nd wedding anniversary in 2017.

Born Charles Emile Beddoe in Ottawa in 1920, Charlie has enjoyed a storied life. As a seven year-old, his father took him to see Charles Lindberg, who launched his international Spirit of St. Louis tour in Ottawa. For 25 cents, spectators could take a short ride in a biplane – a double-cockpit Avro Avian. Charlie still remembers the thrill of flying while seated on his father's knee.

Alan Beddoe, Charlie's father, served in World War I and was held in prisoner-of-war camps for more than two years. Alan's wartime service inspired Charlie to join the Royal Canadian Navy Volunteer Reserve shortly after the outbreak of the Second World War. For the next five years, Charlie travelled from Trinidad to Murmansk and served in a variety of roles, including Combat Cameraman. On the morning of D-Day, he filmed the assault by Canadian troops tensely heading for Juno Beach.

"My wartime service wasn't so exciting at the start" recalls Charlie. "My first assignment was delivering messages to senior staff at headquarters. To pass the time, I studied photography. This caught the eye of some senior officers, who told me photography would be increasingly important to the war effort."

After his time at HQ, Charlie served as a gunner and ship's photographer aboard HMCS *Prince David* before training at RCAF Photo School. One of his assignments was to take an



Charles Beddoe in his Royal Canadian Navy uniform

early-morning photograph of Intelligence Section's large wall map of Atlantic operations. The top-secret map showed the current position of every ship, convoy, Nazi submarine and sinking. He would process the negative and destroy it after making two prints, which he

delivered personally to Admiral Nelles, Chief of Naval Staff, and to Captain Brand, Director of Naval Intelligence.

As the war continued, Charlie's assignments became more dangerous. While posted in London, he experienced Nazi bombing raids, and later narrowly

missed falling victim to V1 buzz and V2 rocket bombs. In April 1944, Charlie was off the French coast aboard HMCS Haida during an attack on two Nazi destroyers trying to slip the Allied blockade. It was the middle of the night and too dark to capture much on film. Although one Nazi ship was destroyed, Charlie watched helplessly as the HMCS exploded and sank, claiming more than 100 lives.

“Four of us from London planned to be on the Athabaskan, but two of us had volunteered to transfer to the Haida,” recalls Charlie. “I’ve been lucky to dodge death a few times.”

A few days after D-Day, Charlie was in the stern of a landing craft when a mine exploded and sent him flying, with camera in hand. He landed on his feet, but the skipper broke his ankle in the incident. An unusual twist was that the craft was Canadian



Charles and Louise Beddoe at the Perley Rideau

ferrying American soldiers to Omaha Beach.

Just weeks before war’s end, Charlie was aboard HMCS *Huron* escorting a convoy to Murmansk,

on the Soviet Union’s northwest coast. During the return voyage, he was again at the stern when he spotted a torpedo flash by. The bridge was alerted, and the ship took evasive action. Another vessel – an unlucky British escort ship – was hit and disabled. To keep the vessel out of enemy hands, it was scuttled after the crew had been evacuated.

When the armistice was reached a few days later, the *Huron* was ordered to Trondheim, Norway. The British officer in charge wanted photographs of the Nazi submarine pen, but Charlie had only a movie camera. The officer got the Nazis to provide film and a camera – a Leica, among the world’s finest – and Charlie completed the assignment.

“Part of what makes the incident unique is that the submarine that had attacked us a



Charles Beddoe (far right) poses with his father Alan, who served in World War I, and his sister Patricia, who served in the Women’s Royal Navy Service.

week earlier had likely been based in Trondheim," recalls Charlie. "I was really tempted to keep the camera, but I returned it."

After the war, Charlie continued to work in film. He was a cinematographer with the National Film Board for a couple of years, worked for two federal departments and also served a brief stint in the private sector.

In the late 1950s, Charlie was part of a small delegation that met with the Chairman and Chief Planner of the Federal District Commission (now the National Capital Commission) to propose developing a hamlet east of Ottawa. The meeting led to the creation of Blackburn Hamlet.

To help limit urban sprawl, Charlie was asked to run for municipal council in Gloucester, a city amalgamated into Ottawa in 2001. In retrospect, he's glad he wasn't elected. "I lost the battle but won the war," he muses. "They eventually formed a planning committee and I didn't have to sit through a couple of years of council meetings."

Charlie and Louise had four children, although one died in infancy. Each summer, the family spent at least two weeks at Skycroft Camp, near Chaffey's Locks swimming, hiking, boating and exploring. At first, they slept in a tent; later, Charlie bought a trailer. Louise got a job with Canadian National Institute for the Blind, where she worked for 20 years. The children grew into adults; Charlie and Louise now have four grandchildren.

When plans were announced to create the Perley and Rideau Veterans' Health Centre in the mid-1990s, Charlie volunteered to



Louise Beddoe with daughter Margaret

serve on the Perley's Community Liaison Committee. He left the Committee only a few years ago. He and Louise are long-time supporters of the Perley Rideau Foundation; for years they played Scrabble for money and donated the proceeds.

When Louise's health began to fail, Charlie served as primary caregiver. After a bout of ill health,

Charlie moved into the Perley Rideau and Louise followed soon afterwards. They now live in separate rooms, just down the hall from one another. Charlie regularly attends exercise classes and trivia night, and takes Louise to the craft studio.

"This is a wonderful place for us now," says Charlie. "I like to be with my husband," says Louise. **BU**

# Fathers, Sons, Veterans

**M**any of the Veterans who reside at the Perley Rideau were inspired to enlist because their fathers had served in World War I.

Jim Peck was determined to follow in the footsteps of his father, who served in the Royal Flying Corps during World War I. Jim enlisted as soon as he was old enough – in 1943 – and later began pilot training. Before he could complete his training, however, the Allies stopped sending new pilots to Europe. Jim went on to serve for two years in the Canadian Forces.

“My dad, Brian A. Peck, was among the first to fly planes in combat,” says Jim Peck, 91 years young. “Dad was waiting for deployment with thousands of other Canadians in Salisbury Plains, England when he heard that a new service was recruiting – the Royal Flying Corps. Within a few weeks, he was piloting reconnaissance



Bill Cooper holds up photos of his father and of his brothers.

missions over France, Belgium and the Netherlands. Later on, he participated in aerial dogfights and bombing runs.”

As a teenager, Bill Cooper wanted to join his two older brothers in Europe and fight the Nazis. But his father – twice wounded during World War I – wouldn’t allow Bill to enlist before

his 18<sup>th</sup> birthday. By the time he enlisted and trained for the Signal Corps, however, the war had ended. Fortunately, his brothers survived the war and the family of 10 gathered for a memorable reunion.

“My dad, George Cooper, was buried alive when a massive shell exploded near his trench,” says Bill. “They dug him out and he eventually woke up from a coma in England, where he spent months in recovery. He had to learn to read and write again, and for the rest of his life suffered from what they now call post-traumatic stress disorder.”

These Veterans honoured their fathers’ war service by enlisting. As we commemorate the 100th anniversary of World War I and the Battle of Vimy Ridge, you can honour Canada’s Veterans by supporting the Perley Rideau Foundation. **BU**



Jim Peck with a photo of his father.

# A Family Connection, a Generous Donation

A highlight of the summer was the visit of officers and crew from HMCS *Ottawa*, a Royal Canadian Navy Halifax-class frigate. During an afternoon tea held with resident Navy Veterans, the group presented a cheque for \$15,480.54 to the Perley Rideau Foundation. The ship adopted the Foundation as its official charity and staged a number of fundraising events during the year, including a bike-a-thon: 90 participants took turns riding stationary bikes in the *Ottawa's* flight hangar for a 12-hour period on May 20. The event enabled the ship to participate in the inaugural Navy Bike Ride, a charity event held in the National Capital Region.

The event also featured a mother-and-son reunion: Michel Cotton serves as a cook aboard HMCS *Ottawa*, while his mother, Brenda Sumners, is a nurse at the Perley Rideau. **BU**



Brenda Sumners with her son Michel Cotton



L to R: former Executive Officer, Commander Chris Rochon, HMCS *Ottawa*; Keith de Bellefeuille-Percy, Vice-Chair, Foundation Board; Commander S. Belair, HMCS *Ottawa*; Doug Brousseau, Chair, Foundation Board; Nancy Schepers, Director, Foundation Board; Michel Cotton, cook, HMCS *Ottawa*; Lt.-Gen. (Ret'd) Marc Caron, Director, Foundation Board; Steve Desroches, Director, Foundation Board.



## Celebrate International Women's Day

at

### The Perley and Rideau Veterans' Health Centre

A High Tea featuring guest speakers, honouring women Veterans from the Perley Rideau as well as serving women.

**Date: March 6<sup>th</sup>**

**Time: 2:00 PM**

**Where: 1750 Russell Road, Ottawa, ON K1G 5Z6**

**More info to follow soon!**



Members of the Korea Veterans Association (KVA) – Unit 7 (Ottawa) gather at the Tree of Life to celebrate the life of Carol Guertin, wife of long-time KVA member George Guertin. Special thanks go to Walter Conrad for his generous donation, and to all KVA members and their families for their ongoing support for Canadian Veterans of the Korean War. L to R: Bill Black, KVA – Unit 7 (Ottawa) President; Daniel Clapin, Foundation Executive Director; George Guertin, KVA – Unit 7 (Ottawa) member; Walter Conrad, KVA – Unit 7 (Ottawa) member.

Friends and family of Perley Rideau resident “Aunt Shirl” (Shirley Hart) gather by the Tree of Life to celebrate her generous donation to the Foundation. L to R: Colleen Chanel; David Sweeny; “Aunt Shirl” Shirley Hart; Ray Houle; Mardia Houle; Maureen Stewart; Malcolm Stewart.



Bert Bridgewater and his wife Alison place a Gold Leaf on the Tree of Life in commemoration of Albert Bridgewater, Bert’s father. The Bridgewaters made the donation to express their appreciation for the wonderful care Albert received at the Perley Rideau. Thank you both for your kindness.





Royal Canadian Legion Branch 616 West Carleton generously donates \$4,800 to the Perley Rideau Foundation. The funds will be used to buy two pressure-relief mattresses – ideal for preventing and healing ulcers. For 20 years, the Royal Canadian Legion Branch 616 West Carleton has been a steadfast supporter of the Perley Rideau Foundation – a big thank you on behalf of our Veterans. L to R: Bogdan Procyk, Branch 616 First Vice-President; Delphine Haslé, Foundation Development Officer; Jim Wilson, Branch 616 Second Vice-President.



Support Our Troops continued their long history of outstanding support with a donation of \$67,000 to the Perley Rideau Foundation. The funds will go toward the purchase of new dining-room furniture, such as accessible tables and chairs that promote social interaction during mealtimes. Thank you to Support Our Troops for enhancing the daily lives of our Veterans. L to R: Jannine Atkinson, Foundation Development Officer, Leadership Giving; Lorie Stuckless, Perley Rideau Director of Support Services; Steve Fash, Vice-President Corporate Services, Canadian Forces Morale and Welfare Services; Delphine Haslé, Foundation Development Officer; Doug Brousseau, Foundation Board Chair; Sandy Gauthier, National Manager, Support Our Troops; Lt.-Gen. (Ret'd) Marc Caron, Foundation Board Director; Doris Jenkins, Perley Rideau Director of Nursing Operations; Daniel Clapin, Foundation Executive Director.



During a special meeting of the Stittsville Rotary Club on August 9, members were delighted to learn how donations to the Foundation directly improve the quality of life experienced by residents of the Perley and Rideau Veterans' Health Centre. Thank you for your interest and for your donation on behalf of the Perley Rideau to the Rotary Club Foundation. Stittsville Rotary Club Member Dave Rooke poses with co-presenters Delphine Haslé, Foundation Development Officer, and Col. (Ret'd) Dominic McAlea, Foundation Board Director.



Members of the Busy Fingers display their latest batch of handmade blankets for staff of the Perley Rideau Foundation. Each new resident of the Perley Rideau receives a blanket knitted or crocheted by volunteer groups, such as Busy Fingers. Thank you for your gifts of time and talent! L to R: Colleen Loken, Busy Fingers; Daniel Clapin, Foundation Executive Director; Eileen McCaughey, Busy Fingers Coordinator; Jannine Atkinson, Foundation Development Officer, Leadership Giving.

The 4<sup>th</sup> Annual Mark Lindsay Memorial Golf Tournament raised \$15,352 for the Perley Rideau Foundation. The funds will be used to purchase three new ice machines for the Health Centre. Held July 20 at Manderley on the Green Golf Club, the Tournament attracted dozens from Ottawa's farming community. Among the many auction items were two mosaics created by Veterans in the Perley Rideau's craft studio. L to R: Jannine Atkinson, Foundation Development Officer, Leadership Giving; Anne Lindsay, Tournament organizer; Delphine Haslé, Foundation Development Officer; Chris Rodgers, Tournament participant; Maj. (Ret'd) Sandra Perron, Foundation Board Director.



## Why I Volunteer

**F**or several years, The Perley Rideau Foundation has supported the Centre's Summer Youth Program by funding a Student Assistant to help coordinate our teenaged volunteers. We are pleased to share, in their own words, why some of the 2017 Summer Youth Volunteers choose to donate their time and skills.

"I volunteer at the Perley Rideau because it is an enriching experience that I will never forget.

Every day is a new learning experience and an opportunity to meet people with different stories to tell." –Alexa C.

"I volunteer at the Perley Rideau because I feel like I'm helping people who appreciate it. I feel welcome and that I'm making a difference. There's never a dull moment." –Rachel C.

"I volunteer at the Perley Rideau to gain perspective on the nursing field and helping others. Also, I've gained so much

experience and it has improved many skills and qualities I possess." –Angelina T.

Perley Rideau offers meaningful opportunities for volunteers of all ages. More information and an online application form are available at [www.perleyrideau.ca/volunteers](http://www.perleyrideau.ca/volunteers) or by contacting Volunteer Services, at 613-526-7170 ext. 2356 or [volunteer@prvhc.com](mailto:volunteer@prvhc.com).





# Evolving to Improve the Well-Being of the People We Serve

By Akos Hoffer, Chief Executive Officer  
The Perley and Rideau Veterans' Health Centre

**T**wo recent accomplishments demonstrate the Perley Rideau's commitment to continuously improving the care it provides to residents and the service it provides to the community. In March, we established a 25-bed Specialized Veterans Unit in partnership with the Province of Ontario and Veterans' Affairs Canada (VAC). Prior to the agreement, VAC provided priority admission to long-term care only for eligible Veterans who served during the Second World War or the Korean War. The agreement enables the Perley Rideau to fulfill an important element of our long-term vision to provide a true continuum of care. Eligible Veterans residing in the Seniors Village are now eligible for priority access to beds in the Health Centre as their health needs change.

The second accomplishment is the establishment of a Specialized Behavioural Support Unit for residents requiring a higher level of care on a secure unit. The Unit will be the only one of its kind in the Champlain Local Health Integration Network. The addition of another special designation, as determined by the province, creates leadership and training opportunities for staff, and increases the Perley Rideau's contribution to the community. The additional expertise acquired

with each new special designation also improves the quality of care received by all Perley Rideau residents.

The two accomplishments underscore a defining characteristic of the Perley and Rideau Veterans' Health Centre: innovation grounded in meeting the day-to-day needs of the community. This characteristic is also evident in the recent update of the 2010–2025 Strategic Plan: *Caring for the Future*. The update better aligns the Perley Rideau with the Province of Ontario's *Aging at Home* strategy, and improves our ability to help seniors and Veterans live life to the fullest. Work to update the Strategic Plan during 2016–2017 included extensive consultations with staff, residents and volunteers, as well as with provincial and local healthcare authorities, and represents the latest stage in our ongoing evolution.

Established in 1995 to amalgamate three existing healthcare facilities, the Perley Rideau continues to lead and innovate in the care of Veterans and other seniors. A telling example is the proposal developed in partnership with the Ottawa Hospital and submitted to the province in 2016. The proposal, known as SAFE (Sub-Acute for the Frail Elderly unit), would establish a new level of care for elderly

patients who no longer require acute care in hospital. Under the proposal, these seniors would transfer to the Perley Rideau, where they would access therapies and services until well enough to return home. SAFE would not only improve quality of care and hasten recovery, but also free up hospital beds, save millions of dollars annually and help the healthcare system to cope with demographic trends.

SAFE is but one example of how the Perley Rideau proposes to increase its value to the community. As described in the updated Strategic Plan, the Perley Rideau aims to become Canada's first Centre of Excellence in Frailty Informed Care. The Perley Rideau will continue to support priority care for Veterans and individuals with early- to mid-stage dementia. Becoming a Centre of Excellence will help to ensure the Perley Rideau's sustainability as an innovative centre for long-term care. It will also increase our ability to apply lessons learned and improve the well-being of the people we serve. The Perley Rideau is determined to continue to evolve to anticipate and meet the needs of the community and the healthcare system.



Richard and Marni Crossley in 2003

occasionally by children and moves to new cities. Marni settled in Ottawa with her family in 1975.

In the mid-1980s, Marni enrolled in a refresher course to update her nursing skills. One of her instructors was Judi Ferne (Paterson), a highly respected pioneer of palliative care. Marni was enthralled.

"I'm an old-school, comfort-

the-sick kind of nurse," she says. "During my career, nursing became increasingly technology based. Palliative care, though, is much more hands-on; it gave me back my nursing again."

Judi Ferne convinced Marni to share her newfound passion through teaching. For the next 20 years, Marni contributed to the rise of palliative care in Ottawa

as a teacher and as a supervisor of home-support workers. In her retirement, she has been involved with Hospice Care Ottawa and volunteered with May Court Hospice.

"Ultimately, it's not a matter of whether we die, but how we die," Marni says. "Palliative care is about managing pain, providing comfort measures and helping people find

their own journey and a way to a peaceful end.”

In September 2014, Marni’s husband Richard suffered a fall

and he spent a long and difficult time in hospital.

“On December 23<sup>rd</sup>, he was admitted to the Perley Rideau and it proved to be the best Christmas present I’ve ever had,” recalls Marni. “We both felt safe, secure, loved and respected.”

Marni was with Richard around the clock during his final days in palliative care. In March, Richard Crossley passed away at the Perley Rideau at age 81.

“I walked out of there whole,” says Marni. “I am so grateful for the care that the Perley Rideau provided both of us.”

Marni joined the Perley Rideau’s Friends and Family Council, and is proud to support the institution’s recent adoption of PaTH – the palliative and therapeutic harmonization program.

Now in her 70s, Marni devotes her time to volunteerism, friends and family, and to regular exercise. Always active in the Anglican Church, Marni is involved in pastoral care her parish and volunteers for the Anglican Diocese of Ottawa. She considers it a privilege to have helped several friends on life’s final journey in recent years, and to follow up with bereavement assistance after the loss of a loved one.

“Death is a part of life,” she says. “I’m not afraid of dying, because I am assured by my own faith journey. I believe that I’ll go to a better place, safe in the arms of my Lord. I’m not in any hurry to die, but when the time comes, I pray that there will be room for me at the Perley and Rideau Veterans’ Health Centre. **BU**



Marni Crossley

# Doug Brousseau Elected Chair of Foundation Board

**T**he Board of Directors of the Perley and Rideau Veterans' Health Centre Foundation has elected a new Chair: Doug Brousseau. Born at the Grace Hospital, raised in Alta Vista and a graduate of Carleton University, Doug devoted his professional career to local government, serving with the Regional Municipality of Ottawa Carleton and with the City of Ottawa. As a summer student, he counted traffic; rising steadily through the ranks, Doug eventually became Senior Advisor in the Mayor's Office. Devoted to public service, Doug is excited to become Chair of the Foundation's Board of Directors.

"I grew up not far from the Perley Hospital and have followed its evolution closely since it amalgamated with two other healthcare facilities and became the Perley and Rideau Veterans' Health Centre," he says. "The Perley makes a huge contribution to the community and anyone who visits quickly recognizes just

how special this place really is. A donor who I had the pleasure of meeting last year summed it well by saying he was proud to support 'such a noble mission.' Donations to the Perley Rideau Foundation make a big impact on the quality of life experienced by residents. I'm proud to be a part of it and to help make a difference."

Doug Brousseau takes over from Brig. Gen. (Ret'd) Charles Lemieux, who served for three years as the Chair after seven years as a Board Director. Under Charles' leadership, the Foundation received its largest single donation: \$1 million from



Doug Brousseau (right) presents outgoing Board Chair Charles Lemieux with a certificate of appreciation.

the Commissionaires Ottawa Division – one of the two Seniors Village apartment buildings carries the name Commissionaires Ottawa Place in honour of the gift. Charles also led the effort to adopt a policy of priority access for Veterans to 20-30 percent of the Village apartments. **BU**

## Second Fashion Show and Business Showcase

*hosted by Nygard Style Direct*

All proceeds support the Recreation and Creative Arts Program at the Perley Rideau · More than 30 vendors specializing in clothing, women's accessories, food, and senior services · Raffle tickets

**FREE ADMISSION, ALL WELCOME**

Sunday, October 15<sup>th</sup> · 12:30 PM - 4:00 PM

Perley Rideau Cafeteria

1750 Russell Road, Ottawa

<http://perleyrideaufoundation.ca/events>



# Why I Donate

**O**ur donors cite a wide variety of reasons for their generosity. To help show our sincere appreciation for each and every donation we receive, each edition of Between Us features a few testimonials from donors in their own words. Should you wish to share your reasons for giving, please send them to the Foundation's administrative assistant Sara Francis (613-526-7173, sfrancis@prvhc.com).

"My father was a veteran who served overseas for five years and

survived the Dieppe raid because he could swim. He also fought at Monte Casino, Italy and during the liberation of Holland. If he were alive today, I like to think someone would help to look after him and I think of all the "Old Vets" at the Perley today."

- Heather Simpson, Ottawa

"As the Padre of a local Legion, I believe your group assists our Veterans who gave so much for our freedom. We can never forget their service. I had three vets in my family; they are all deceased now. I believe we cannot do

enough for our Veterans.  
- David Estabrooks, Havelock

I was not familiar with the Perley Rideau until I performed there as a member of the Maple Leaf Brass Band. I am glad that the centre exists for worthy Veterans.

- Barbara Hunter, Ottawa

I am an 81-year old who served in the Royal Canadian Air Force and NATO for more than 30 years, completing two tours in Germany. I believe in Veterans helping Veterans.

- David Everett, Ottawa



## 17<sup>th</sup> Annual **Perley Rideau** Night at the Races

**Thursday, May 3, 2018**  
**Buffet dinner 6:00 p.m. Post time 6:30 p.m.**  
**Hard Rock Casino Ottawa**

\$60 includes reserved dinner seating, live race program, \$2 betting voucher, \$10 slot token, and \$20 income tax receipt.  
**Silent auction and great raffle prizes to win!**

**SAVE THE DATE! More to come soon...**  
**<http://perleyrideaufoundation.ca/events>**

# The Perley and Rideau Veterans' Health Centre Foundation

## Memorial Tributes

May 29, 2017 to September 5, 2017

Honour someone special with a donation to  
The Perley and Rideau Veterans' Health Centre Foundation

Ms. Diane Anderson • Mrs. Dorothy Atkins • Mr. Arthur Baird  
Mrs. Zena Blake-Knox • Mr. Edward Booth • Mr. William Bott  
Mr. Albert Bridgewater • Mr. Frank Bridgewater • Mr. Douglas Bruce  
Mrs. Doreen Bruer • Mrs. Joan E. Butler • Mr. David Calderwood  
Mrs. Ruth Chappell • Mr. Frank Cole • Mr. Charles Edward Cordukes  
Mr. Maurice Cyr • Mr. Robert Daley • Mr. Anthony Davies  
Mr. Ross Gillen • Mr. George E. Gourlay • Mr. John Hope  
Mr. Gordon K. Howard • Mrs. Elizabeth 'Betty' Jones  
Mr. Leonard Keeney • Mr. Gordon Knapp  
Mr. Joseph 'Rhéal' Leblanc • Mr. Jack MacKenzie  
Mr. Murray MacLean • Mr. Peter McGuaig  
Mrs. Marjorie H. McKercher • Mr. David Moilliet  
Mme Renée Moliner • Mr. J. D'Arcy O'Bryan • Mr. Arthur Oikle  
Mrs. Judy Paradis • Flight Lieutenant (Ret'd) Cecil Pennington  
Mr. Telmon Robertson • Mr. Donald S. Ross • Mrs. Evelyn Russell  
Mr. George Sabourin • Ms. Catherine Schwartz  
Mr. Norman Vincent Schwartz • Mr. Robert B. Sreaton  
Mr. Hubert J. Snow • Mrs. Elizabeth A. Sulpher  
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Mr. James 'Jim' Wellman • Mrs. Mildred G. Young

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Perley Rideau  
Foundation

Together we improve  
the well-being of  
the people we serve

The Perley Rideau Seniors Village is comprised of a 450-bed long-term care centre (including 250 beds for Veterans), 139 specially-designed seniors apartments and community health care services.

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